

## POTENTIAL BENEFITS

PAIN AND INFLAMMATION

PTSD

DEPRESSION & ANXIETY

NAUSEA

ARTHRITIS

FIBROMYALGIA

INSOMNIA

DIGESTIVE PROBLEMS

HORMONAL ISSUES

SKIN PROBLEMS

MEMORY & MOOD ISSUES

IMMUNE SYSTEM ISSUES

HOT FLASHES

The FDA has established the use of CBD Oil in Epileptic Seizures.

It has however not evaluated CBD in other conditions.

Health Matters Pharmacy makes no claim in the use of CBD OIL in the diagnosis, treatment, cure or prevention of any disease.

## CBD FOR PETS

We also carry CBD products for your furry family members– Dogs and Cats.

Older animals suffer from some of same ailments affecting humans and sometimes, natural products tend to work better than other medicines which can have side effects.

Ananda Pets is specially formulated with the highest quality products.

Talk to us today to see if this will be right for your pet.



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HERE**

nature's own

remedy

*'Your health  
matters'*

## What is CBD oil?

The full name for CBD is **cannabidiol** and it is one of many non-psychoactive substances found in the hemp plant. Simply put, it doesn't make you high like smoking marijuana does.

It is very safe to use at the standard doses recommended for the ailments listed at the back of this leaflet.

### Is CBD oil LEGAL?

The simple answer is yes as long as it is made from Industrial Hemp and has less than 0.3% THC.

This means as far as federal law is concerned, it is legal in all 50 states of the USA provided it complies with all the stipulations of the Farm Bill. That is why it is very important to buy a product that can be truly verified as legal.

Many entities have jumped on the CBD bandwagon and are selling inferior products to the unsuspecting public. You may find a cheaper product on line but it doesn't guarantee quality and may not be good value for money.

## How does it work?

CBD is a natural product and thankfully our bodies have the **ENDOCANNABINOID SYSTEM (ECS)** which is like a "master control system". The CBD oil engages the ECS by way of the receptors throughout our bodies to effect its benefits. These receptors are spread out throughout the body from the BRAIN, CENTRAL NERVOUS SYSTEM, IMMUNE SYSTEM, GASTRO-INTESTINAL SYSTEM, SKIN AND MANY MORE. This explains the diversity of the benefits of CBD oil.

The receptors act in our bodies to elicit responses that help the body to reach its balanced, normal state'. The lack of these endocannabinoids or improper regulation of this balancing mechanism, can lead to susceptibility to illnesses or an imbalance in our bodies. CBD oil brings balance and restores the body to its natural state—meaning, optimal health.

## Why buy from us?

Buyer beware because not all CBD products are the same and studies have shown that a lot of products on the market claiming to be CBD are far from the real deal. They may indeed have CBD in them but at levels that may not help your condition or that do not support the concentrations claimed.

They may claim their products are 99 % CBD but don't just take their word for it

So here are a few tips:

1. **Is it FULL SPECTRUM CBD?** This is very important because the ECS has two kinds of receptors CB1 & CB2. A full spectrum product will impact both systems and give you better results than a product which is not FULL SPECTRUM.

2. **Certificate of Analysis or COA**— The reputable manufacturers have outside independent labs testing their products to make sure they are of the highest quality and that they match the claims on the label. If a company tests their own product be skeptical.

3. is it made from **INDUSTRIAL HEMP?** This is key to making sure it is legal to consume and carry around.

### EndoCannabinoid System

- Receptors on cells and nerves
- Every system in the body
- 2-way communication
- Essential for balance
- Essential for recovery and repair



**ANTIOXIDANT**  
**ANTI-INFLAMMATORY**  
**ANTI-ANXIETY**  
**ANTI-PSYCHOTIC**  
**ANTI-EPILEPSY**  
**NEURO PROTECTIVE**  
**CARDIO PROTECTIVE**  
**ANTI-CANCER**  
**ANTI-NAUSEA**  
**ANTI-BACTERIAL**  
**ANTI-DIABETES**  
**ANTI-ARTHRITIS**  
**PAIN RELIEF**  
**BONE STIMULANT**  
**IMMUNE MODULATOR**